



Adult Tennis Coaching:

The club offers club sessions where adults can turn up and play against other players. Adults can also join classes or have individual coaching sessions. The club runs tournaments and social events where adults can meet other members and build friendships. We also run box leagues where members can play competitive singles against other members.

Disability tennis:

The coaching team also caters for players that have disabilities, including wheel chair or electric chair tennis.

Team tennis:

Dorchester tennis club has adult teams in the Dorset Summer and Winter leagues. We compete in the men's/ladies/mixed categories. The club also participates in the Yeovil and District leagues. The Junior teams compete in the Aegon Team Tennis County division.

One to one coaching:

Our tennis coaching staff at Dorchester Tennis and Squash Club are also available for one to one coaching for players of all ages and abilities. This could be extremely beneficial for a player aiming to get into a certain group session that they are currently not strong enough for or for someone to improve on individual skills. One to one coaching is the quickest way to improve your game as the session is solely focused on your game. Complemented with group lessons will make a great training schedule for the aspiring tournament player.

For Tennis Coaching enquiries please contact:

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