



TENNIS PROGRAMME

Adult Tennis

- Individual and/or Group Classes
- Tournaments
- Social Events

Team Tennis

- Adult Teams Compete in the Dorset Summer & Winter Leagues
- Yeovil & District Leagues
- Junior Teams compete in the Aegon Team Tennis County Division

Junior Tennis

- Full Junior Tennis Programme – From age 3 to 18 years old
- For Complete Beginners to Players Competing at Regional and National Level
- Internal Competitions & Box Leagues – Fun and Familiar Environment

Tournaments

- Junior Tournaments (singles & doubles)
- Adult Tournaments (singles & doubles)
- Internal Box Leagues
- Club Championships
- School Tournaments & Festivals

Disabled Tennis

- The Coaching team cater for disabled players

Performance Tennis

- Train More
- Play at a Higher Level
- Compete in Tournaments and Matches across the Region and Country

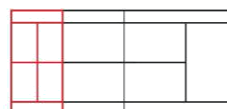


FOR PLAYERS AGED 8 & UNDER

Ball: RED (sponge indoor, felt outdoor)
Court: 12m x 6m (across a court)
Where: • Within the club, Locally, Within the county

Competition Formats:

- Team
- Round Robin, Matchplay
- Match tie break to 10 points

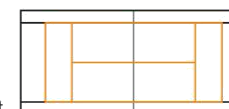


FOR PLAYERS AGED 8 & 9

Ball: ORANGE
Court: 18m x 6.5m or ¾ court
Where: • Within the club, Locally, Within the county, Regionally

Competition Formats:

- Team & Individual
- Round Robin, Matchplay
- Best of 3 tie breaks, 1 short set



FOR PLAYERS AGED 10

Ball: GREEN
Court: FULL
Where: • Within the club, Locally, Within the county, Regionally, Nationally

Competition Formats:

- Team and Individual
- Compass, Round Robin, Matchplay
- 1 short set, Best of 3 short sets (optional match tie break to 10 points)

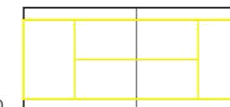


FOR PLAYERS AGED 11 & OVER

Ball: YELLOW
Court: Full
Where: • Within the club, Locally, Within the county, Regionally, Nationally

Competition Formats:

- Team & Individual
- Compass, Round Robin, Matchplay
- Best of 3 short sets, Best of 3 full sets (optional match tie break to 10 points)



For Tennis Coaching enquiries please contact:

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