DORCHESTER TENNIS & SQUASH CLUB

COVID-19 TIER 3 RESTRICTIONS IN FORCE FROM THU 31st DEC 2020 - WHAT YOU MUST DO FOR THE CLUB & TO AVOID BREAKING THE LAW
Do not come to the club if you are experiencing any Covid-19 symptoms or if you have been required to self-isolate/quarantine. NO GUESTS ARE ALLOWED in Tier 3.
Wash/sanitise your hands before coming to the club and on entry/departure - avoid touching surfaces where you can.
You must wear a face covering when moving about the clubhouse unless you are on court or in the shower.
No socialising before or after matches or coaching. Give people space - stay at least 2m apart (or 1m apart with your face covered) at all times.
Everyone whose name does not appear on the booking system (even for the outdoor courts) must ensure they scan the NHS Test & Trace App QR Code to register at the club (alternatively send an email to Adam if you haven't got a compatible smart phone).
The bar and kitchen are closed. Bring your own on court refreshment.
The changing rooms/showers are open, but all players are encouraged to travel in kit and shower at home where possible.
Squash/Racketball players should not linger in the clubhouse before/after their session.
Tennis players should enter the courts via the side gate and only access the club via the tennis court door if the toilets, first aid kit or defibrillator are required.
The following Squash/Racketball activity is allowed: • Solo practice. • Full matches for members of the same household/support bubble. • Individual coaching - adults or juniors. • Junior coaching - up to 15 juniors (max. 4 children on court). • Parent/guardian supervision permitted (one per player). • Spectating is NOT allowed.
The following Tennis activity is allowed: • Singles & Doubles - "Rule of 6" applies. • Individual coaching - adults or juniors. • Group coaching - up to 12 adults or 15 juniors. • Club Sessions & Competitions. • Spectating is NOT allowed.

DTSC General Management Committee